



Silver Surfers' Day

21 MAY 2010



Carmel  
RC College

## Free Sessions for Silver Surfers (Over 55s)

Friday 21<sup>st</sup> May, Carmel RC College, Darlington

### Session 1 Introduction to the Internet 10am – 12pm

- What is the internet?
- Using a search engine
- Internet shopping
- Surfing safely

### Session 2 Using E-mail 1.30pm – 3.30pm

- Setting up an account
- Sending and receiving e-mails
- How to open/add attachments
- What is spam!

**Why not come and join us to find out more.**

For further details or to book a place on either session please contact Alison Meacher, Community Business Manager at Carmel RC College, The Headlands, Darlington, DL3 8RW or tel: 01325 523416

Places are limited so please book in advance.

**Adult  
Learners'  
Week**

